



MENTAL HEALTH

and

RECOVERY BOARD

• of Wayne & Holmes Counties •

ANNUAL REPORT

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A year in review

What a year it has been! In the following pages, you will find a summary of our focus for 2015, the year of recovery. Your MHRB has been working hard for you to ASSESS, PLAN, MONITOR, EVALUATE, EDUCATE, COLLABORATE, EMPOWER and FUND, ensuring a stable Recovery Oriented System of Care continuum in our community!

-Judy Wortham Wood

EDUCATE

To set the stage for FY15, we began with Brad Lander, PhD, LICDC Psychologist/Clinical Director from The Ohio State University's Wesner Medical Center. Dr. Lander offered a presentation that effectively challenges the stigma associated with addiction. Lander's fascinating presentation explained how the brain tricks addicts into believing they need the drug.

A focus was placed on community education. Our social media followers have increased 13% over FY15. Specific awareness months were planned with the goal to increase social media traffic and educate the community about MHRB. The Newsletter was revived and updates are sent to a mailing list of over 200 subscribers. New resources were sent to local school systems to help with mental health awareness and education.



Brad Lander PhD, LICDC-CS providing the keynote address for FY 2015 annual dinner: "Understanding Addiction"

ASSESS

In January of 2015 the Board unveiled a Comprehensive Community Needs Assessment for Wayne and Holmes Counties by the Center for Community Solutions from Cleveland, Ohio. The needs assessment identified the many needs found in the various communities of Wayne and Holmes Counties and provided projections about how the expansion of Medicaid was going to assist the Board financially in meeting them.

PLAN

The MHRB followed through with a commitment we made in FY14 to increase our cultural sensitivity to serving the Amish culture in the two counties, which is the largest Amish/Mennonite settlement in the United States. The MHRB increased inter cultural involvement with the Amish with the inclusion of a member of the Plain Community on the Board of Directors. This was a first and this action has led to the discovery of the many activities the Plain community has undertaken on its own to prevent drug abuse and treat mental illnesses in their church based community.

Recently, the MHRB has created planning groups with funded partners in an effort to better understand key issues behind the greatest services needs of this time. This partnership centered approach has occurred with the Multi Systemic Therapy service, Children in Crisis, Peer coordination, medically assisted treatment and suicide prevention.

MONITOR/ EVALUATE

A special feature about outcome reporting was added to our webpage in an effort to make the outcomes achieved by our funded partners more understandable to the general public.

Funded partner agencies are required to turn in both Annual and Quarterly reports which detail the Outcomes they have achieved for people receiving services funded by the Board. MHRB staff evaluate these outcome statements for progress and look for "Lessons Learned" during the measurement period. An evaluation of cost for service on a client by client basis and is able to identify those individuals with the lowest and highest cost. During FY15 the Board funded a Peer Recovery Coordinator to work with both drug dependent and mentally ill individuals with the highest utilization.

COLLABORATE

MHRB collaborated to provide two special trainings on the topic of Adapting Psychotherapy to the Needs of Individuals with Mental Illness and Developmental Disabilities through Trauma Informed Care and Understanding Problem Sexual Behaviors in Youth. Mary Vicario, LPCC-S, Finding Hope Consulting, LLC Patricia L Burke, LISW President CEO of ENVISION in Cincinnati, Ohio presented an all-day trauma informed training about how to provide mental health services to individuals with developmental disabilities.

Dr. Charles Borduin, a trainer provided by officials of the Multisystemic Treatment program for delinquent youth provided a three day training for a group composed of Wayne/Holmes Juvenile Court probation and others in the court system as problem sexual behaviors complicate the treatment for youth with drug or mental health problems.

Additionally, MHRB provided collaborative leadership with Wayne County Economic Development Council by assisting with the creation of a local Workforce Innovations Network (WIN) designed in part to provide a greater supply of drug free workers in the county. WIN went on to develop a thorough approach to working with many local manufacturers on this effort.

EMPOWER

Each year, the MHRB takes building assets and resiliency into our projects very seriously. This is a key feature of its role with the Family and Children First Councils. Just as planning for change requires risk taking, building asset based communities around children, workforce groups, individuals re-entering the community from corrections or adults returning to the community from hospitals or residential services and reducing the time spent in out of home placement are all examples of this empowerment.

FUND

Through successful state and federal competitive grant awards in FY15, the MHRB achieved receipt of \$524,762. This allowed us to increase our evidence based local programs provision.

The MHRB successfully applied for and received \$987,000 in capital grants from the Ohio Department of Mental Health and Addiction Services. These capital funds were given to our funded partners with current capital projects:

- The Counseling Center for Apartments for Transitional Aged Youth experiencing serious mental illness,
- OneEighty, INC. (Formerly known as Liberty Center Connections) to:
 - purchase two Recovery Houses-- one in Holmes County and one in Wayne County,
 - renovate two existing recovery houses
- A joint venture between NAMI MOCA (mental health peer recovery center) & Anazao for purchase and renovation of a pre-existing building to support expansion of peer recovery and integrated services.

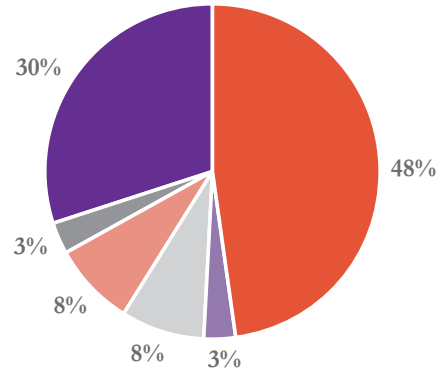
Two new programs were implemented with one time use state funds:

- Criminal Justice/HGH Re-Entry Hard to House – in collaboration with local corrections programs placed discharged consumers assessed with a mental illness or addiction into safe transitional housing, with employment, and peer support linkages with the recovery communities.
- Peer Coordinator (Crisis Management, Step Up & Step Down, Coordination) -- with local partners coordinated linkage between people in crisis to recovery environments and linked clients with peer support prior to release from Heartland Behavioral Health or local hospitals.



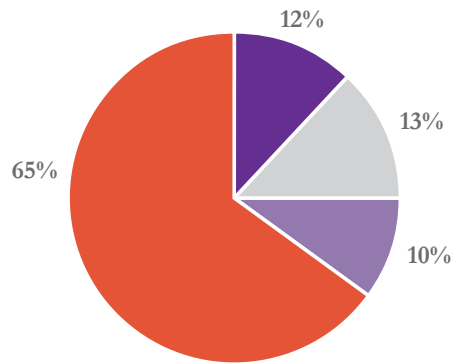
RECOVERY ORIENTED SYSTEM OF CARE

FINANCIAL • *breakdown* •



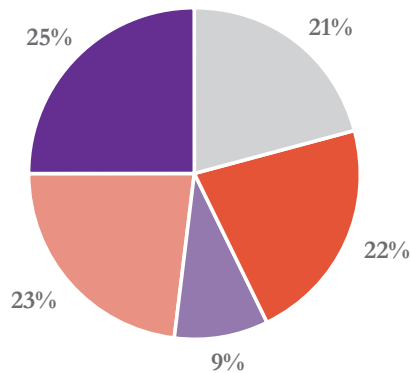
FY15 ACTUAL MHRB REVENUE \$6,490,151

Local Levy (48%) Other-Misc. (3%) Grants-Misc. (8%) Federal-AoD (8%) Federal-MH (3%) Ohio MHAS (30%)



FY15 ACTUAL MHRB EXPENDITURES \$6,367,261

Board Administration (12%) Out of Home Placements (13%) Grants-Misc. (10%) Community Services (65%)



FY15 COMMUNITY SERVICES BREAKDOWN

Counseling/Treatment (21%) Community Support (22%) Prevention (9%) Residential (23%) Emergency (25%)



Creston Police Chief Meshew and Medway Director Don Hall stand with MHRB Executive Director Judy Wood after the announcement that a partnership created by STEPS at Liberty Center, Medway and The Wayne County Sheriff's Department resulted in the availability of Narcan Nasal kits to local law enforcement! MHRB of Wayne and Holmes Counties has provided funding to purchase these life saving kits which can counteract the impact of opiate drug overdoses. This includes drugs such as oxycontin, vicodin, codeine, fentanyl, morphine, heroin, and methadone.

COLLABORATION WITH LAW ENFORCEMENT

We are proud to work with local law enforcement departments in creative ways to provide services in our Recovery Oriented System of Care (ROSC).

The MHRB continues to fund our “Closing the Revolving Door” program with the Wayne County and Holmes County Sheriffs’ Offices. This program provides services to link clients in the jails to local mental health and addiction treatment services and peer support services. This program decreases recidivism and improves outcomes through use of \$86,424 of local levy funds.

To address the opiate crisis, the MHRB spent \$12,719 on the purchase of Narcan kits for all local police departments. Distribution was coordinated through the Wayne County Sheriff’s Department. These lifesaving kits have already been used many times in our communities to save an individual experiencing an overdose of heroin.

Treatment cards were also distributed to law enforcement officers. These information cards can be given to individuals looking for local treatment locations and options.

We look forward to continued collaboration with our local law enforcement offices!

MHRB IMPACTS THE LIVES OF CHILDREN

Following the end of the two year Multisystemic Therapy grant, which provides intensive treatment services for youth and family in the home, the MHRB submitted a new application, resulting in the grant renewal for an additional two years (FY16-17). This is a collaborative grant with both the Holmes and Wayne County Juvenile Courts, with impressive outcomes for local youth and families.

We were successful in renewing our regional Strong Families/Safe Communities grant for an additional two years. This grant provides wrap around services for dual diagnosed mental health/developmentally delayed youth. This grant is a collaborative grant with the Wayne County and Holmes County Developmental Disabilities Boards. Both Developmental Disabilities Boards have contributed funding to maintain this grant.

Through our Child and Family Health Services grant with Holmes, Wayne, and Ashland Counties, the MHRB achieves integrated health goals including: completion of the community health assessment, decrease youth obesity, and early childhood connections.

FUNDED • partner • UPDATES

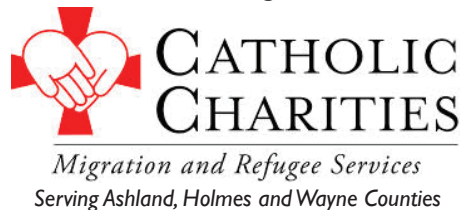
ANAZAO

- In partnership with NAMI/MOCA received \$300,000 in state OHMHAS capital funds for purchase and renovation of a pre-existing building to support expansion of recovery and integrated services
- Expansion of services to “at risk” children
- Continued emphasis on rapid access to services and solution focused, brief courses of therapy
- Implementation of new intake procedure incorporating first contact by case manager and “warm handoff” to therapist
- Agency wide training and focus on trauma informed care



CATHOLIC CHARITIES

- Continuously serving an average of 25 high needs children through the Strong Families Safe Communities Grant
- Collaborating with the Wayne County Family and Children First Council and ANAZAO Community Partners to provide counseling services and case management to students attending Liberty Prep Academy



THE COUNSELING CENTER

- Received \$500,000 in OHMHAS Capital funds for Apartments for Transitional Aged Youth experiencing serious mental illness
- Reached approximately 4,100 individuals with some type of mental health consultation, education or prevention service
- Provided 2,130 diagnostic assessments and provided individual counseling/psychotherapy
- Intervened with 1,284 different persons who contacted the Center for crisis intervention and assisted with 573 public or private psychiatric hospital admissions
- Provided 61,122 units of individual or group community psychiatric support to adults with severe mental illness, and an additional 16,582 units to children or youth
- Provided a total of 169,263 units of mental health care



The Counseling Center
of Wayne and Holmes Counties

FUNDED • *partner* • UPDATES

NAMI

• In partnership with ANAZAO received \$300,000 in OHMHAS capital funds for purchase and renovation of a pre-existing building to support expansion of recovery and integrated services.

In addition to the MOCA House programming, we offered the following free education and support programs in FY-15 using staff and/or volunteers:

- Family to Family Education Program - 18 individuals, 11 graduates
- Family Support Group – 58 attendance annually
- WRAP Training – 4 individuals
- Crisis Intervention Team - 10 persons
- PALS Support Group - 58 attendance annually (monthly meeting)
- LOSS Team served 22 persons from 10 deaths by suicide
- Warriors Journey Home - 38 attendance annually



ONE EIGHTY & OASIS

- Received \$150,000 in OHMHAS capital funds to purchase two new Recovery Houses -- one in Holmes County & one in Wayne County
- Received \$37,000 in MHRB capital funds to renovate two existing Recovery Houses
- Julia's Place shelter provided 8,800 nights of shelter
- The number of clients served by STEPS increased by 33%
- For the first time ever, alcohol was not the number one drug of choice noted by clients – opiates were listed as drug of choice by 41% of clients
- Significant investments were made in facilities, technology and staff
- Recently changed name to OneEighty, INC. This agency was formerly known as Liberty Center Connections, INC. (dba STEPS at Liberty Center and Every Woman's House)
- Moving forward, this agency will be referred to only as OneEighty



OneEighty

Helping people change direction.

Serving Holmes and Wayne Counties

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Craig Sanders
Rev. Chris Stewart
*Ramona Stoner***
*Robin Troyer***
Carole Van Pelt
Kathleen Walkorow

*Denotes those who completed terms or ended service in FY15

**Denotes Board officers

MENTAL HEALTH *and* RECOVERY BOARD of WAYNE & HOLMES COUNTIES

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